



From the Health Office

Dear Parents and Guardians,

I am happy to be here to partner with you to meet the health-related needs of your child at school! Please read the following information carefully so that your child has everything in place before the beginning of the 2018-19 school year. Many of our rules are mandated by the State of Minnesota. Please call my office with questions or concerns.

Health Forms Online

You may find all of MPA's health forms at <http://www.moundsparkacademy.org/current-families/health-services.shtml>. They are also available in TADS. Please download, fill in, and upload to TADS.

Annual Health and Emergency Information (Lower/Middle School version OR Upper School version)

This information is to be completed and signed by a parent or guardian. It is important that this is updated every year. Emergency contacts will be called in the event your child becomes ill or injured. For students who drive, we must have parental permission to allow the student to leave school due to illness. You can designate a person to call if you are unable to be reached. Also, please list any health concerns your student may have.

Immunizations

All new incoming students must have proof of the required immunizations, or proper documentation that you are a conscientious objector. There is a section on the immunization form that needs to be notarized. As of 2014, all incoming kindergarteners and older must have two doses of the varicella vaccine or documentation that they have had the disease. Incoming students in grades 7–12 are required to have had a Meningococcal vaccine and the Tdap (this is different from the previous requirement as it contains the Pertussis vaccine). If you have any questions regarding the required immunizations, please contact the Health Office.

Medications

Any student needing to take medication (prescription as well as over the counter) must have the Administration of Medication at School form completed and signed by your physician as well as yourself. This includes any topical medication for skin issues. Your child can then come to the Health Office whenever necessary/prescribed to take his/her medication. Medication must be supplied in its original over the counter or prescription bottles. THERE ARE NO EXCEPTIONS. An allergy action plan, asthma action plan, diabetes action plan, or seizure action plan for the next school year will need to be on file in Health Office.

Physicals

Physicals are mandatory for children entering kindergarten. Physicals are also mandatory if your child wishes to participate in a sport or activity. Sports physicals must be completed for students entering grade seven and updated in grade 10. Physicals are good for three years.

Accidents/Injuries

Please remember to inform the Health Office if your child has been in an accident or injured. Some examples are concussions, sports injuries, sprains/strains, and breaks/fractures. It is important to keep the Health Office updated on injuries and accidents so that we can provide the best care for your child.

If you ever have any questions or concerns, please feel free to contact me!

Julie Koster
School Nurse
Phone 651-748-5509
Fax 651-777-8633
jkoster@moundsparkacademy.org